



## Marshall B. KETCHUM UNIVERSITY

University Student Affairs

# 2020-2021 Biennial Review

*Marshall B. Ketchum University  
Alcohol & Other Drug Policies, Procedures & Programs  
Drug Free Workplace Act of 1988/Drug Free Schools and Communities Act of 1989*

## OVERVIEW

Marshall B. Ketchum University (MBKU) acknowledges its legal obligation to conduct a biennial review of alcohol and other drugs (AOD) policies and programs in compliance with the Drug Free Schools and Communities Act of 1989. The intention of this document is to comply with the legal requirements set forth, to discuss relevant prevention and education programs, initiatives, and activities, assess effectiveness of these activities, and ensure that disciplinary sanctions are consistently enforced related to MBKU's AOD Policies and Programs.

Federal legislation requires institutes of higher education to review these programs biennially. The Biennial Review for MBKU shall be completed every two years, approximately in the Spring term. The Review was constructed based on student survey data and an extensive program and policy inventory completed by the Vice President for Student Affairs.

This review has been prepared by University Student Affairs on behalf of MBKU. Records are maintained for the requisite three years [EDGAR Sec. 86.103 (b) (1)] by University Student Affairs, 2575 Yorba Linda Blvd., Fullerton, CA, 92831.

## UNIVERSITY ALCOHOL AND OTHER DRUG POLICIES & PROGRAMMING

### University Student Handbook AOD-Related Excerpts

- **Student & University Expectations**

- a. **(2.b.)** Recognize individual actions reflect upon them both as individuals and as part of the University community both on- and off-campus. Students shall be responsible for their behavior and shall respect the expectations and property of others.
- b. **(2.i.)** Only participate in aspects of one's Program with appropriate supervision, and under full sobriety.
- c. **(2.j.)** Do not distribute, use, possess or store any controlled substance, illegal drug, weapon, or fireworks on University premises or at University sponsored activities.

- **Prohibited Conduct**

Any student found to have committed (or to have attempted to commit) any of the following misconduct, including as outlined in "Student & University Expectations," the MBKU Catalog and/or Program Student Handbooks, shall be subject to the disciplinary sanctions outlined in Section G. Academic standards shall be established and administered by each Program.

- a. **(y.)** Violation of federal, state, or local law on or off University premises, use, possession, manufacturing, distribution or being under the influence of alcoholic beverages (except as expressly permitted by University policies, state, or federal law), or public intoxication while on any University premises or at any University sponsored event or ancillary site. Alcoholic beverages may not, in any circumstance, be used, possessed, or distributed to any person under twenty-one (21) years of age.
- b. **(z.)** Use, possession, manufacturing, distribution or being under the influence of marijuana, narcotics, or other controlled substances (except as expressly permitted by state and federal law) while on any University premises or at any University sponsored event or ancillary site. Possession of drug paraphernalia is also prohibited on University premises. Although the State of California now allows the private recreational use

and possession of small amounts of marijuana for people 21 years of age and older, marijuana is still illegal under federal law.

- **Violation of Law & University Discipline**

MBKU student conduct proceedings may be instituted against a student charged with conduct that potentially violates both the criminal law and this Code (that is, if both possible violations result from the same factual situation) without regard to the pendency of civil or criminal litigation in court of criminal arrest and prosecution. Proceedings under this Code may be carried out prior to, simultaneously with, or following civil or criminal proceedings off campus at the discretion of the Program Conduct Officer or VPSA. Determinations made or sanctions imposed under this Code shall not be subject to change because criminal charges arising from the same factual circumstances as the alleged University rules/regulations violation were dismissed, reduced, or resolved in favor of or against the Respondent/Defendant.

When a student is charged by federal, state, or local authorities with a violation of law, MBKU shall not request or agree to special consideration for that individual because of their status as a student. If the alleged offense is also being processed under the Code, MBKU may advise off-campus authorities of the existence of the Code and of how such matters are typically handled through the University student conduct process. MBKU shall attempt to cooperate with law enforcement and other agencies in the enforcement of criminal law on campus and in the conditions imposed by criminal courts for the rehabilitation of student violators (provided that the conditions do not conflict with campus rules or sanctions). Individual students and other members of the University community acting in their personal capacities, remain free to interact with governmental representatives as they deem appropriate.

- **Sanctions**

These sanctions are available to apply to any student found responsible for violating University or Program policy. However, some are reserved specifically for University Conduct Processes or student organizations as indicated below. Additionally, any sanction with a potential financial cost will require consultation with USA.

Disciplinary sanctions should be consistent with the impact of the offense on the University community shall be imposed. Progressive discipline principles shall be followed in that the student's conduct history at MBKU (and any other institution, if applicable) shall be considered, along with any other relevant information while determining sanctions. All sanctions will have a designated time frame for their duration, or in which they must be completed.

Disciplinary action taken against a student may include one or more of the following:

- a. Mediation/Restorative Justice – A voluntary and confidential process where a neutral third-party facilitator helps two or more people in conflict have a constructive conversation to resolve issues, repair harm and improve relationships.
- b. Written Warning – A notice in writing to the student that the student is violating or has violated University policy and a copy of the warning letter is placed in the student's conduct file. (notation in their disciplinary record)
- c. Administrator Conferences – Required meeting(s) with Program/University administrators to discuss behaviors and plan(s) for improvement.
- d. Professional Probation – Places students at a higher risk of more severe disciplinary sanctions if the student is found to violate any University policy during the probationary period. Any MBKU student on Professional Probation may not participate in leadership roles on campus, including federal work-study positions.
- e. Academic Penalties – Including but not limited to grading penalties and academic misconduct transcript notations.
- f. Loss of Privileges – Denial of specified privileges.
- g. Restitution – Compensation for loss, damage, or injury. This may take the form of appropriate service, monetary, or material replacement.
- h. Educational/Developmental Sanctions – Work assignments, essays, service to MBKU, community service or other related discretionary or educational assignments.
- i. Supportive Measures: Must be approved by VPSA and may include, MBKU No Contact Orders/No unnecessary contact between the Respondent and the Complainant, victims, survivors, witnesses or other individuals, Interim Suspension (see below) or other supportive measures.
- j. Interim Suspension - In certain elevated circumstances, the VPSA may impose an interim suspension prior to a conduct meeting. The University President shall be informed prior to notifying the student. Interim suspension may only be imposed in one of the following circumstances:
  - i. To ensure the safety and well-being of members of the University community or preservation of University property.
  - ii. To ensure the student's own physical or emotional safety and well-being.

- iii. If the student poses an ongoing threat of disruption of, or interference with, the normal operations of the University.
  - 1) Interim suspension shall take effect immediately and last for no more than ten (10) business days. The 10-day period may be extended for good cause by the VPSA or by agreement with the Respondent.
  - 2) The Respondent may challenge an imposed interim suspension in writing within two business days. The challenge shall be sent to the Program Dean/Director, who will inform the VPSA of receipt.
  - 3) The Dean/Director shall render a final decision.
  - 4) During the interim suspension, the Respondent shall be denied access to campus and/or all other University activities or privileges for which the student might otherwise be eligible, as the VPSA may determine to be appropriate.
  - 5) The interim suspension does not replace the regular Conduct Committee process, which shall proceed on the normal schedule, up to and including the completion of the Hearing, submission of sanctions (if any), and if required, may include appeal processes (if any).

### **Sanctions ONLY available to the University Conduct Committee (UCC)**

Given the serious nature of these sanctions, the following standards apply to each. The University President shall be informed prior to receipt of Notification of Findings.

- a. Suspension – Separation of the student from the University for a definite period after which the student shall be eligible to return without reapplying. Conditions for return may be specified. Based on the UCC's decision, Suspensions may be effective immediately or deferred, pending an appeal process. Temporarily noted on the student transcript.
- b. Dismissal – Separation of the student from the University for a definite period after which the student shall be eligible to reapply for admission. Based on the UCC's decision, Dismissals may be effective immediately, or pending an appeal process. Permanently noted on the student transcript.
- c. Expulsion – Separation of the student from the University permanently. Based on the UCC's decision, Expulsions shall be effective immediately, or pending an appeal process. Permanently noted on the student transcript.

### **Sanctions available to be imposed upon recognized MBKU student organizations:**

- a. Those sanctions listed above.
- b. Loss of selected privileges for a specified period.
- c. Suspension of recognition.
- d. Loss of recognition.

- **Drug & Alcohol Abuse**

MBKU recognizes the illegal or abusive use of alcohol or other drugs by members of the community has a detrimental effect on the University's commitment to educate caring, inspired health care professionals who are prepared to deliver collaborative, patient-centric health care in an interprofessional environment. The University community mutually shares the responsibility for creating and maintaining an atmosphere conducive to academic and professional excellence. Responsible conduct and accountability are required from all University constituents whether student, faculty, staff, administrator, or Trustee.

The University has a significant and ongoing interest in ensuring the health, safety, and well-being of all its students and employees. The University will not tolerate the illegal use of drugs or alcohol, and by law, we cannot. Under the Drug-Free Schools and Communities Act Amendments of 1989 for an institution of higher education to be considered a "responsible source" for the award of Federal and State contracts, including student financial aid, we are required to maintain a policy which ensures that students are absolutely prohibited from the unlawful possession, use or distribution of illicit drugs and alcohol on university property or as part of any university activity. Examples of controlled substances covered under this policy are as follows:

- a. Narcotics (heroin, morphine, etc.)
- b. Cannabis (marijuana, hashish)
- c. Stimulants (cocaine, diet pills, etc.)
- d. Depressants (tranquilizers)
- e. Hallucinogens (PCP, LSD, "designer drugs", etc.)
- f. Alcohol

Note: Effective January 1, 2018, the State of California has removed certain criminal penalties for marijuana, legalized medical/recreational use under certain circumstances. California now allows the private recreational use and possession of small amounts of marijuana for people 21 years of age and older. Marijuana is still illegal under

federal law and is prohibited under the Drug Free Schools and Communities Act. The Controlled Substances Act states that the growing and use of marijuana is a crime. Federal enforcement agencies can prosecute on this basis regardless of state law. In addition, the Drug Free Schools and Communities Act requires the prohibition of marijuana at any university receiving federal funding. MBKU is one such university.

As a result of these federal regulations, MBKU prohibits students, employees, and members of the public from possessing, using, or distributing marijuana in any form in any University-owned or operated facility and during any University activity.

### **Drug Abuse Policy**

MBKU has a comprehensive approach to the issues associated with substance abuse by emphasizing the following:

- a. The University shall take the necessary effective steps to create and maintain a drug-free educational and work environment for its students.
- b. Individuals who are experiencing issues with the use and/or abuse of alcohol or other drugs are encouraged to seek treatment and/or rehabilitation confidentially and voluntarily.
- c. Students experiencing issues from drug, narcotic or alcohol abuse or dependency should seek assistance through the VPSA, the Director of University Counseling Services and/or Program Dean/Director who shall make referrals to credentialed professional counselors. The counseling relationship is to be professional and confidential.
- d. The University encourages and reasonably accommodates students with chemical dependencies (alcohol or drug) to seek treatment and/or rehabilitation. To this end, students desiring such assistance should request a treatment or rehabilitation leave by contacting the VPSA or Program Dean/Director. The University, however, is not obligated to continue enrollment of any student who continues to use drugs or alcohol, nor is the University obligated to re-admit any student who has participated in treatment and/or rehabilitation if that student's academic and/or professional performance remains impaired because of dependency. Additionally, students given the opportunity to seek treatment and/or rehabilitation but fail to successfully overcome their dependency or problem will not automatically be readmitted. This policy on treatment and rehabilitation is not intended to affect the University's treatment of a student who violates the regulations described here. Rather, rehabilitation is an option for a student who acknowledges a chemical dependency and voluntarily seeks treatment to end that dependency. Any accommodations granted are only in effect while the student is free of drug and/or alcohol dependency.
- e. A student must notify the University of any Criminal Drug Statute Conviction for a violation occurring on university property or as part of any university activity no later than five days after such conviction. Failure to inform the University will subject the student to disciplinary action, up to and including suspension for the first offense.
- f. As part of the University's Drug and Alcohol Abuse Prevention Program, the University has instituted an educational program for all students on the dangers of substance abuse. To assist members of the University Community in overcoming substance abuse problems, the University will offer information on the following rehabilitative help:
  - Educational materials
  - Information about community resources for assessment and treatment
  - Counseling programs

### **Alcohol Regulations**

The possession and consumption of alcoholic beverages on MBKU campus and at University recognized events is governed by appropriate state and municipal laws as well as by University regulations. All persons regardless of age or status are governed by these laws and regulations in their administrative practice as well as in personal conduct. All members of the University community are expected to observe the applicable laws and regulations for responsible drinking behavior and to follow appropriate hosting guidelines.

The University's policy with respect to alcohol fully complies with the state laws of California and the municipal laws of Fullerton, Anaheim, and Orange County. These laws apply regardless of the country or state from which a person has come or in which the person maintains official residence.

The University reserves the right to institute stricter regulations beyond that of state or local laws. An individual or group which sponsors a campus event at which alcoholic beverages are made available is responsible for adherence to the applicable state and local laws and university regulations and for the abuses arising from the use of alcoholic beverages. Where alcoholic beverages are permitted, ample non-alcoholic beverages and food must be provided as well.

The intention to serve alcoholic beverages must be registered with University Student Affairs prior to staging the event. The purpose of registration is to ensure that the sponsor understands the rules and that appropriate controls

of underage drinking are in place. Organizers of parties (hosts) must be aware of their responsibilities. Hosts may not serve guests who appear to be intoxicated, and they must prohibit access to alcohol by guests who are under 21. Hosts must follow all the regulations as listed herein and in the “MBKU Alcohol Policy Agreement for Events” form located on the portal (student dashboard). Once the form is completed and submitted to University Student Affairs, MBKU Campus Safety will be alerted to make sure they have the appropriate officer representation based on the event attendance estimate.

In general, social events involving the use of alcohol can be very hazardous to the health and welfare of persons and/or the University property. The University requires that security arrangements be taken to maintain order and control the access to social events at which alcohol will be served. MBKU Campus Safety and/or administration has the right to terminate any function at which attendees become disruptive and/or destructive, or the function is not considered to be in good taste.

Everyone is reminded that every member of the University community shares responsibility for the safety and welfare of others who become a danger to themselves and/or to others. The law provides that individuals may be held liable for damages or injury resulting from serving alcohol to persons of any age. Furthermore, any person responsible for organizing or sponsoring an event may be vulnerable to legal prosecution if alcohol is served and minors are present.

The following University regulations shall apply at all University/student functions:

- a. It is illegal for anyone to serve alcohol to anyone under 21 years of age. It is also illegal for anyone under the age of 21 to purchase, possess, distribute, or consume alcohol.
- b. Identification cards with proof of age must be presented when requested at all events at which alcohol is served.
- c. Non-alcoholic beverages and select food items must be readily available and accessible throughout the duration of the event.
- d. Alcoholic beverages may not be sold at any campus event without an appropriate State license.
- e. Alcohol may not be served to persons who appear to be intoxicated.
- f. Any student event in which alcohol is served or consumed on campus must have received prior approval from University Student Affairs – who shall communicate with Campus Safety.
- g. No person having consumed alcohol on or off campus is ever permitted to enter MBKU clinics, see patients or enter a classroom or laboratory.

The following are requirements for events which serve alcohol:

- a. Adequate supply of food (e.g., sandwiches, fresh-cut vegetables, hot dogs, cookies, chips/nuts, etc.) and non-alcoholic beverages must be available throughout the duration of a social event.
- b. A Safety Officer must be available for the duration of events at which alcohol is served unless an exception by the VPSA is given.

The federal government requires the University to issue clear statements about sanctions it is prepared to impose on violators.

If an individual or group violates the alcohol policy (e.g., use, possession, or distribution of alcoholic beverages by a person under the age of 21; use of a false ID; failure to ensure that IDs are checked for admission to a social event where alcohol is served; provision of alcohol to someone under the age of 21), the following range of sanctions may be applied: Warning; fine; loss or suspension of social and campus privileges; suspension or denial of permission to hold further social events; suspension or loss of organizational status; referral to the appropriate judiciary body for disciplinary action up to and including suspension, termination or expulsion from the University.

### **Smoking Policy**

As a health care facility, the University is committed to a philosophy of a healthy and safe environment. Therefore, smoking is not permitted anywhere on campus. Violators will be subject to the same disciplinary actions that accompany infractions of other University rules up to and including suspension.

**Administration/Oversight of Policies:** University Student Affairs

**Enforcement of Policies:** Vice President for Student Affairs, Program Student Affairs Representatives, University Conduct Committee, Campus Safety

*For the most detailed, current version(s) of the policies and procedures outlined below, students may access the University Student Handbook online or contact Student Affairs directly.*

### **Employee Handbook Excerpts**

- **Alcohol and Drug Rehabilitation Leave**

The University strictly enforces a policy that relates to drug and alcohol use on campus. The complete text of this policy is contained in the policy section of the Employee Handbook.

The University, if necessary, is also willing to assist any employee who recognizes that they have a problem with alcohol or drugs. An employee who elects to enroll in a rehabilitation program will be granted time off to participate in the program with prior administrative approval. If an employee requests time off to participate in such a program, the University will also make every reasonable effort to keep this matter confidential.

The employee may use any accrued sick leave, paid time off or vacation benefits while on leave. However, additional benefits will not be earned during the leave of absence. The leave will be subject to the same provisions and rules as personal leaves.

- **Standards of Conduct**

Possession, distribution, sale, use or being under the influence of illegal drugs or alcohol or bringing firearms, weapons, or explosives on or to University-owned property and/or any affiliated clinic.

- **Drug and Alcohol Abuse**

The University is operating in conformity with the Drug-Free Workplace Act of 1988 and as such is concerned about the use of alcohol, illegal drugs, or controlled substances as it affects the workplace. Use of these substances whether on or off the job can adversely affect an employee's work performance, efficiency, safety, and health and therefore, seriously impair the employee's value to the University. In addition, the use or possession of these substances on the job constitutes a potential danger to the welfare and safety of other employees and exposes the University to the risks of property loss or damage, or injury to other persons.

The following rules and standards of conduct apply to all employees either on University property or during the workday (including meals and rest periods).

The University strictly prohibits the following:

1. Possession or use of alcohol or being under the influence of alcohol while on the job.
2. Driving a University vehicle while under the influence of alcohol.
3. Distribution, sale, or purchase of an illegal or controlled substance while on the job.
4. Possession or use of an illegal or controlled substance or being under the influence of an illegal or controlled substance while on the job.

Violation of the above rules and standards of conduct will not be tolerated and are subject to disciplinary action up to and including termination. The University also may bring the matter to the attention of appropriate law enforcement authorities.

To enforce this policy, the University reserves the right to conduct searches of University property or employees and/or their personal property, and to implement other measures necessary to deter and detect abuse of this policy.

An employee's conviction on a charge of illegal sale or possession of any controlled substance while off University property will not be tolerated because such conduct, even though off duty, reflects adversely on the University. In addition, the University must keep people who sell or possess controlled substances off the University's premises to keep the controlled substances themselves off the premises.

All employees must notify the University within five (5) calendar days if convicted of any criminal drug statute for a violation occurring in the workplace. A conviction for purposes of this reporting requirement includes: a finding of guilt, a no-contest plea, or imposition of a sentence by a judicial body charged with determining violations of federal or state criminal drug statutes prohibiting manufacture, distribution, dispensation, use or possession of any controlled substance.

The University is required by the Drug-Free Workplace Act to notify the appropriate government contracting or granting agency of any convictions of its employees within ten (10) days after the University learns of the conviction; and, the University must take appropriate personnel action against the employee, which may include drug assistance, rehabilitation, or discharge.

The use of prescription drugs and/or over-the-counter drugs may affect an employee's job performance. Any employee who is using prescription or over-the-counter drugs that may impair the employee's ability to safely perform the job, or affect the safety or well-being of others, must notify a supervisor of such use immediately before starting or resuming work.

The University will encourage and reasonably accommodate employees with chemical dependencies (alcohol or drug) to seek treatment and/or rehabilitation. To this end, employees desiring such assistance should request a

treatment or rehabilitation leave by contacting the VP for Human Resources. The University, however, is not obligated to continue to employ any person whose performance of essential job duties is impaired because of drug or alcohol use, nor is the University obligated to re-employ any person who has participated in treatment and/or rehabilitation if that person's job performance remains impaired because of dependency. Additionally, employees who are given the opportunity to seek treatment and/or rehabilitation but fail to successfully overcome their dependency or problem will not automatically be given a second opportunity to seek treatment and/or rehabilitation. This policy on treatment and rehabilitation is not intended to affect the University's treatment of employees who violate the regulations described above. Rather, rehabilitation is an option for an employee who acknowledges a chemical dependency and voluntarily seeks treatment to end that dependency.

Note: Effective January 1, 2018, the State of California has removed certain criminal penalties for marijuana (legalized medical/recreational use under certain circumstances). California now allows the private recreational use and possession of small amounts of marijuana for people 21 years of age and older. Marijuana is still illegal under federal law and is prohibited under the Drug Free Schools and Communities Act. The Controlled Substances Act states that the growing and use of marijuana is a crime. Federal enforcement agencies can prosecute on this basis regardless of state law. In addition, the Drug Free Schools and Communities Act requires the prohibition of marijuana at any University receiving federal funding. MBKU is one such University.

As a result of these federal regulations, MBKU prohibits, employees, students, and members of the public from possessing, using, or distributing marijuana in any form in any University-owned or operated facility and during any University activity

- **Disciplinary Action**

It is important that all employees always perform to the best of their abilities. There will be occasions, however, where employees perform at an unsatisfactory level, violate a policy, or commit an act that is inappropriate. As previously noted, the employee or the employer may terminate employment at will at any time with or without cause and without following any system of discipline or warnings. Nevertheless, the University may in certain cases, choose to exercise its discretion to utilize forms of discipline that are less severe than termination.

An employee may, of course, resign at any time. The University may also terminate the employment relationship without following any series of steps whenever it determines, in its own discretion, that such action should occur.

**Administration/Oversight of Policy:** Human Resources

**Enforcement of Policy:** Human Resources

*For the most detailed, current version(s) of the policies and procedures outlined below, employees may access the Employee Handbook online or contact HR directly.*

## Applicable Federal & State of California Laws & Regulations

- [The Federal Drug-Free Workplace Act of 1988 \(Public Law 100-690, Title V, Sub D\)](#)
- The Drug-Free Schools and Communities Acts of 1989; the California State Drug-Free Workplace Act of 1990: [Drug-Free Workplace Act of 1990](#)
- [The Controlled Substances Act 21](#) and by regulation at [21, Code of Federal Regulations 1308](#)
- [Federal Trafficking Penalties information](#)

## **ANNUAL POLICY NOTIFICATION PROCESS**

In compliance with the Drug Free Workplace Act of 1988 and the Drug Free Schools and Communities Act of 1989, MBKU distributes the following written information to all current students and employees via email each Fall:

- The standards of student and employee conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol.
- A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol.

- A description of any drug or alcohol counseling, treatment, rehabilitation, or reentry program that is available to students or employees.
- An explicit statement articulating that the institution will impose sanctions on students and employees for violations of the standards of conduct, along with a description of those sanctions; these could include expulsion or termination of employment and referral for prosecution.
- A description of the health risks associated with the abuse of alcohol or use of illicit drugs.
- An explicit statement articulating that the institution will impose sanctions on students and employees for violations of the standards of conduct, along with a description of those sanctions; these could include expulsion or termination of employment and referral for prosecution.

In addition to the annual Fall email, MBKU AOD-related information is presented in-person and accessible online in a variety of formats for both students and employees.

#### Students (University Student Affairs)

- New Student Orientation
- Active Bystander/Social Responsibility training module (visual and audio)
- University Student Handbook

#### Employees (Human Resources)

- New Hire Orientation
- Employee Compliance Dashboard (visual and audio)
- Employee Handbook

## **SUBSTANCE PREVALENCE RATE, INCIDENCE RATE, & TREND DATA**

As a University, MBKU collects student academic and clinic experience data which allows administrators to make data-driven decisions. Since 2015-2016, University Student Affairs has worked diligently to develop their own set of student survey instruments to collect data on Student Support Services, Student Activities, Campus Climate, and the overall student experience at MBKU.

Historically, the University sees very few student conduct violations each year. If they occur, the violations are usually academic in nature (e.g., cheating, plagiarism). During the 2019-2020 and 2020-2021 Academic Years, the University Conduct Committee had no allegations of misconduct that involved the use of alcohol or drugs. Regardless of reported student conduct, this does not negate the importance of substance use education and prevention (refer to survey data below).

In Spring 2021, all enrolled students (received an invitation to participate in the first Health & Wellness Survey which included a section of questions regarding student perceptions and experiences with alcohol and other drugs. Survey results serve to support several University Student Affairs goals:

- Continually build an equitable, inclusive, and safe campus environment.
- Understand student experiences with alcohol, drugs, counseling services, disability services, and other aspects of their health and wellness to ensure effective resource allocation.
- Increase the percentage of students who adopt healthy behaviors.
- Increase awareness and buy-in to the campus philosophy that in a caring community, when you see something, you say something.

Although many survey respondents indicated they use substances rarely, if ever, some indicated they do:



- 86% percent of students either rarely drink or do not drink alcohol at all. 4% of students reported they drink alcohol at least 5 days per week.
- Of those that drink alcohol, 76% consume 1-3 drinks on the day(s) they choose to drink. Therefore, the remaining 24% consume 4 or more drinks on the day(s) they choose to drink. For females, they would fall into the binge-drinking category. For males, they need to drink 5 or more.
- All but one of the survey respondents either rarely use recreational drugs or do not use drugs at all. One student indicated they use recreational drugs seven days per week.
- All but four (4) of the survey respondents do not misuse prescriptions, medications, or over-the-counter drugs. One student indicated they misuse medications one (1) day per week, two indicated five (5) days per week, and one indicated six (6) days per week.
- All but five (5) survey respondents do not use illicit/illegal drugs. One student indicated they use illicit drugs once per week, one indicated four (4) days per week, and three (3) indicated illicit drug use five (5) days per week.

## **RECOMMENDATIONS**

### **Strengths & Weaknesses**

Current program strengths include a strong student focus on holistic wellness, a campus philosophy of social responsibility, a growing online resources base, utilization of the MBKU CARE Team to identify potential at-risk students, and high-functioning graduate students that place an extremely high value on academic success.

Current program weaknesses include data collection, lack of partnerships with student assistance organizations in the community for referrals, lack of campus resources that a large university would have, no centralized communication strategies, and lack of strong marketing for educational campaigns.

### **Recommendations for Next Biennium**

- Continue to market Health & Wellness services, events, and resources to students and educate the campus community on their importance
- Continue to provide Health & Wellness, Campus Safety, and Proactive/Active Bystander Training and Social responsibility course modules. Continue to offer incentives for completing these courses.
- Continue to educate the University community on the updated Code of Conduct process for reporting alleged student misconduct.
- Continue to educate the University community on the use of the Report a Concern form to promote campus safety
- Onboard at least one new MBKU-affiliated counselor with tele-counseling options. Investigate partnership opportunities with community support groups and substance use education/prevention apps or software.
- Explore partnerships with community agencies on alcohol and drug abuse prevention, education, and treatment.
- Review and update existing AOD-related policies to reflect best practices
  - Involve students and other relevant stakeholders
  - Active bystander/Good Samaritan policy
- Update Health & Wellness survey to collect more robust data and to reflect student feedback
  - Be more detailed in line of questioning about specific medication and illicit/illegal drug use
  - Include prompts about student perceptions of substance use
  - Ask questions about substance use as a medical provider

- Include an open-ended answer in this section
- Add AOD information to Ketchum.Edu
- Marketing strategy for AOD education campaign
- Internal communication strategy